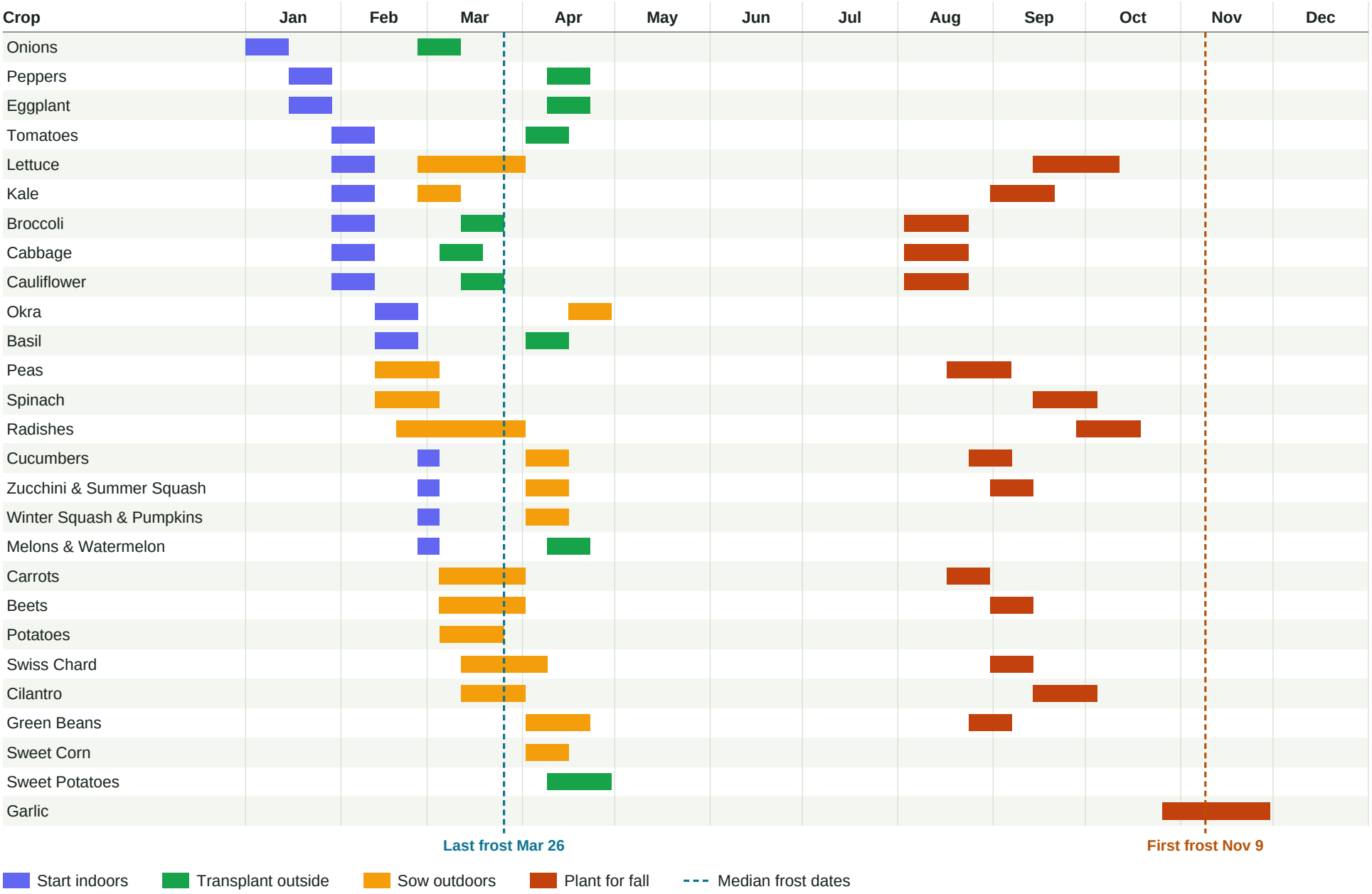
Winston-Salem, NC planting calendar

Median last frost Mar 26 (10% chance of frost after Apr 11) · Median first frost Nov 9 · 228-day growing season · Zone 7b



Winston-Salem, NC planting dates

Median last frost Mar 26 (10% chance of frost after Apr 11) · Median first frost Nov 9 · 228-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 1 – Jan 15	Feb 26 – Mar 12	—	—
Peppers	Jan 15 – Jan 29	Apr 9 – Apr 23	—	—
Eggplant	Jan 15 – Jan 29	Apr 9 – Apr 23	—	—
Tomatoes	Jan 29 – Feb 12	Apr 2 – Apr 16	—	—
Lettuce	Jan 29 – Feb 12	Mar 5 – Mar 19	Feb 26 – Apr 2	Sep 14 – Oct 12
Kale	Jan 29 – Feb 12	Feb 26 – Mar 12	Feb 26 – Mar 12	Aug 31 – Sep 21
Broccoli	Jan 29 – Feb 12	Mar 12 – Mar 26	—	Aug 3 – Aug 24
Cabbage	Jan 29 – Feb 12	Mar 5 – Mar 19	—	Aug 3 – Aug 24
Cauliflower	Jan 29 – Feb 12	Mar 12 – Mar 26	—	Aug 3 – Aug 24
Okra	Feb 12 – Feb 26	Apr 16 – Apr 30	Apr 16 – Apr 30	—
Basil	Feb 12 – Feb 26	Apr 2 – Apr 16	—	—
Peas	—	—	Feb 12 – Mar 5	Aug 17 – Sep 7
Spinach	—	—	Feb 12 – Mar 5	Sep 14 – Oct 5
Radishes	—	—	Feb 19 – Apr 2	Sep 28 – Oct 19
Cucumbers	Feb 26 – Mar 5	Apr 9 – Apr 16	Apr 2 – Apr 16	Aug 24 – Sep 7
Zucchini & Summer Squash	Feb 26 – Mar 5	—	Apr 2 – Apr 16	Aug 31 – Sep 14
Winter Squash & Pumpkins	Feb 26 – Mar 5	—	Apr 2 – Apr 16	—
Melons & Watermelon	Feb 26 – Mar 5	Apr 9 – Apr 23	—	—
Carrots	—	—	Mar 5 – Apr 2	Aug 17 – Aug 31
Beets	—	—	Mar 5 – Apr 2	Aug 31 – Sep 14
Potatoes	—	—	Mar 5 – Mar 26	—
Swiss Chard	—	—	Mar 12 – Apr 9	Aug 31 – Sep 14
Cilantro	—	—	Mar 12 – Apr 2	Sep 14 – Oct 5
Green Beans	—	—	Apr 2 – Apr 23	Aug 24 – Sep 7
Sweet Corn	—	—	Apr 2 – Apr 16	—
Sweet Potatoes	—	Apr 9 – Apr 30	—	—
Garlic	—	—	—	Oct 26 – Nov 30

Wait until after Apr 11 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.