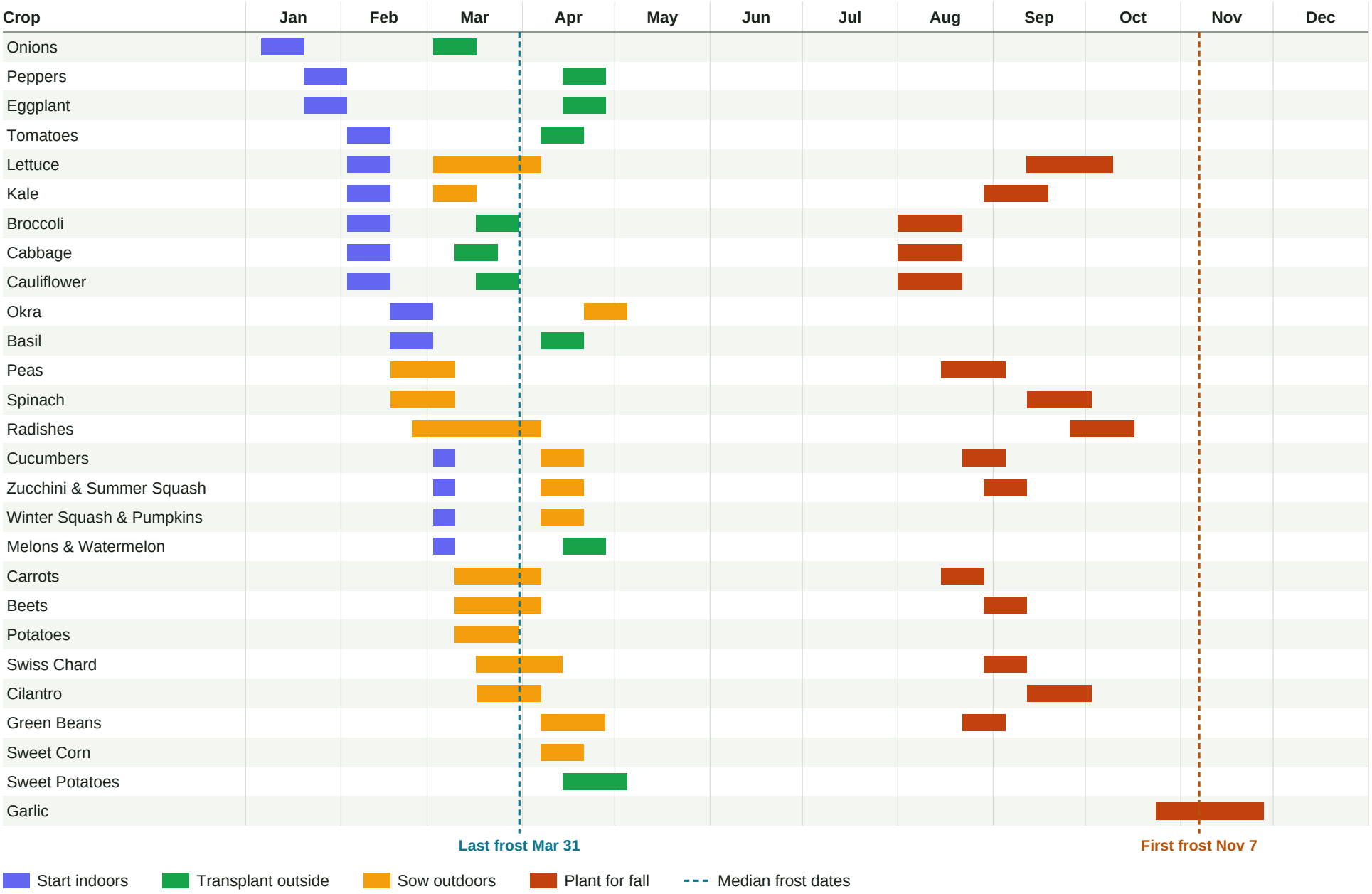
Rocky Mount, NC planting calendar

Median last frost Mar 31 (10% chance of frost after Apr 13) · Median first frost Nov 7 · 221-day growing season · Zone 8a



Rocky Mount, NC planting dates

Median last frost Mar 31 (10% chance of frost after Apr 13) · Median first frost Nov 7 · 221-day growing season · Zone 8a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 6 – Jan 20	Mar 3 – Mar 17	—	—
Peppers	Jan 20 – Feb 3	Apr 14 – Apr 28	—	—
Eggplant	Jan 20 – Feb 3	Apr 14 – Apr 28	—	—
Tomatoes	Feb 3 – Feb 17	Apr 7 – Apr 21	—	—
Lettuce	Feb 3 – Feb 17	Mar 10 – Mar 24	Mar 3 – Apr 7	Sep 12 – Oct 10
Kale	Feb 3 – Feb 17	Mar 3 – Mar 17	Mar 3 – Mar 17	Aug 29 – Sep 19
Broccoli	Feb 3 – Feb 17	Mar 17 – Mar 31	—	Aug 1 – Aug 22
Cabbage	Feb 3 – Feb 17	Mar 10 – Mar 24	—	Aug 1 – Aug 22
Cauliflower	Feb 3 – Feb 17	Mar 17 – Mar 31	—	Aug 1 – Aug 22
Okra	Feb 17 – Mar 3	Apr 21 – May 5	Apr 21 – May 5	—
Basil	Feb 17 – Mar 3	Apr 7 – Apr 21	—	—
Peas	—	—	Feb 17 – Mar 10	Aug 15 – Sep 5
Spinach	—	—	Feb 17 – Mar 10	Sep 12 – Oct 3
Radishes	—	—	Feb 24 – Apr 7	Sep 26 – Oct 17
Cucumbers	Mar 3 – Mar 10	Apr 14 – Apr 21	Apr 7 – Apr 21	Aug 22 – Sep 5
Zucchini & Summer Squash	Mar 3 – Mar 10	—	Apr 7 – Apr 21	Aug 29 – Sep 12
Winter Squash & Pumpkins	Mar 3 – Mar 10	—	Apr 7 – Apr 21	—
Melons & Watermelon	Mar 3 – Mar 10	Apr 14 – Apr 28	—	—
Carrots	—	—	Mar 10 – Apr 7	Aug 15 – Aug 29
Beets	—	—	Mar 10 – Apr 7	Aug 29 – Sep 12
Potatoes	—	—	Mar 10 – Mar 31	—
Swiss Chard	—	—	Mar 17 – Apr 14	Aug 29 – Sep 12
Cilantro	—	—	Mar 17 – Apr 7	Sep 12 – Oct 3
Green Beans	—	—	Apr 7 – Apr 28	Aug 22 – Sep 5
Sweet Corn	—	—	Apr 7 – Apr 21	—
Sweet Potatoes	—	Apr 14 – May 5	—	—
Garlic	—	—	—	Oct 24 – Nov 28

Wait until after Apr 13 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.