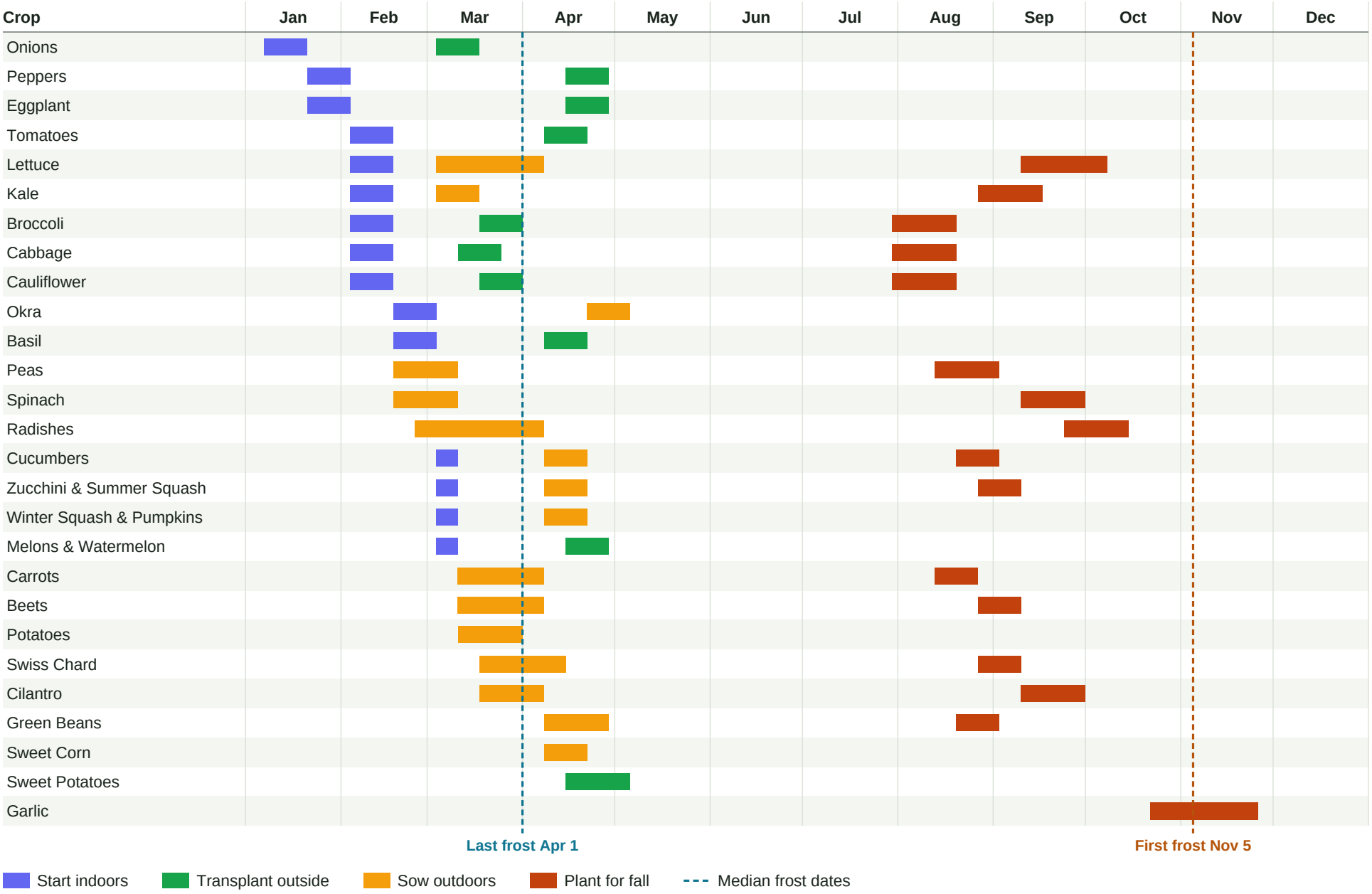
Rocky Mount, NC planting calendar

Median last frost Apr 1 (10% chance of frost after Apr 16) · Median first frost Nov 5 · 218-day growing season · Zone 8a



Rocky Mount, NC planting dates

Median last frost Apr 1 (10% chance of frost after Apr 16) · Median first frost Nov 5 · 218-day growing season · Zone 8a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 7 – Jan 21	Mar 4 – Mar 18	—	—
Peppers	Jan 21 – Feb 4	Apr 15 – Apr 29	—	—
Eggplant	Jan 21 – Feb 4	Apr 15 – Apr 29	—	—
Tomatoes	Feb 4 – Feb 18	Apr 8 – Apr 22	—	—
Lettuce	Feb 4 – Feb 18	Mar 11 – Mar 25	Mar 4 – Apr 8	Sep 10 – Oct 8
Kale	Feb 4 – Feb 18	Mar 4 – Mar 18	Mar 4 – Mar 18	Aug 27 – Sep 17
Broccoli	Feb 4 – Feb 18	Mar 18 – Apr 1	—	Jul 30 – Aug 20
Cabbage	Feb 4 – Feb 18	Mar 11 – Mar 25	—	Jul 30 – Aug 20
Cauliflower	Feb 4 – Feb 18	Mar 18 – Apr 1	—	Jul 30 – Aug 20
Okra	Feb 18 – Mar 4	Apr 22 – May 6	Apr 22 – May 6	—
Basil	Feb 18 – Mar 4	Apr 8 – Apr 22	—	—
Peas	—	—	Feb 18 – Mar 11	Aug 13 – Sep 3
Spinach	—	—	Feb 18 – Mar 11	Sep 10 – Oct 1
Radishes	—	—	Feb 25 – Apr 8	Sep 24 – Oct 15
Cucumbers	Mar 4 – Mar 11	Apr 15 – Apr 22	Apr 8 – Apr 22	Aug 20 – Sep 3
Zucchini & Summer Squash	Mar 4 – Mar 11	—	Apr 8 – Apr 22	Aug 27 – Sep 10
Winter Squash & Pumpkins	Mar 4 – Mar 11	—	Apr 8 – Apr 22	—
Melons & Watermelon	Mar 4 – Mar 11	Apr 15 – Apr 29	—	—
Carrots	—	—	Mar 11 – Apr 8	Aug 13 – Aug 27
Beets	—	—	Mar 11 – Apr 8	Aug 27 – Sep 10
Potatoes	—	—	Mar 11 – Apr 1	—
Swiss Chard	—	—	Mar 18 – Apr 15	Aug 27 – Sep 10
Cilantro	—	—	Mar 18 – Apr 8	Sep 10 – Oct 1
Green Beans	—	—	Apr 8 – Apr 29	Aug 20 – Sep 3
Sweet Corn	—	—	Apr 8 – Apr 22	—
Sweet Potatoes	—	Apr 15 – May 6	—	—
Garlic	—	—	—	Oct 22 – Nov 26

Wait until after Apr 16 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.