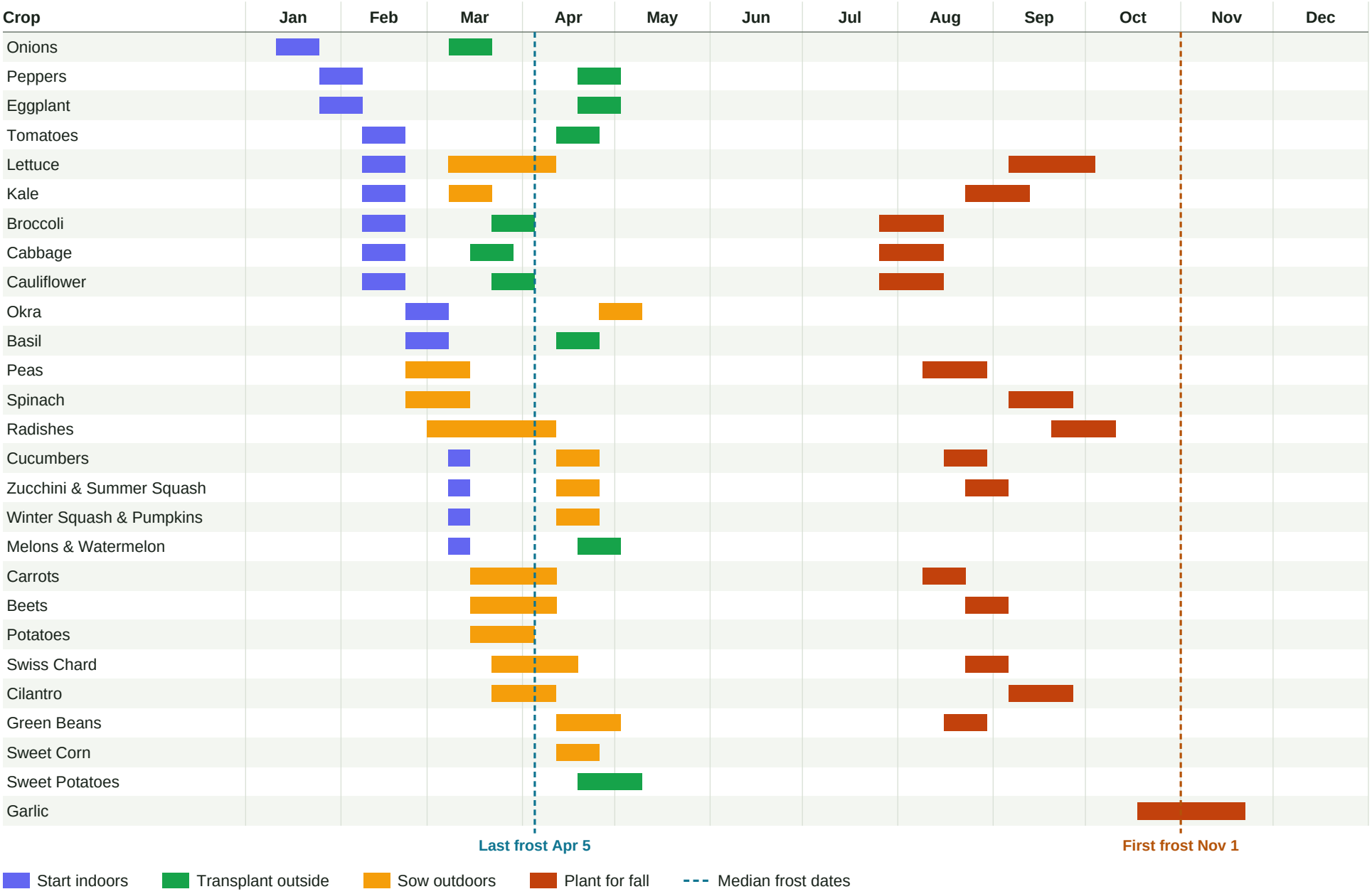
Oak Ridge, TN planting calendar

Median last frost Apr 5 (10% chance of frost after Apr 19) · Median first frost Nov 1 · 210-day growing season · Zone 7b



Oak Ridge, TN planting dates

Median last frost Apr 5 (10% chance of frost after Apr 19) · Median first frost Nov 1 · 210-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 11 – Jan 25	Mar 8 – Mar 22	—	—
Peppers	Jan 25 – Feb 8	Apr 19 – May 3	—	—
Eggplant	Jan 25 – Feb 8	Apr 19 – May 3	—	—
Tomatoes	Feb 8 – Feb 22	Apr 12 – Apr 26	—	—
Lettuce	Feb 8 – Feb 22	Mar 15 – Mar 29	Mar 8 – Apr 12	Sep 6 – Oct 4
Kale	Feb 8 – Feb 22	Mar 8 – Mar 22	Mar 8 – Mar 22	Aug 23 – Sep 13
Broccoli	Feb 8 – Feb 22	Mar 22 – Apr 5	—	Jul 26 – Aug 16
Cabbage	Feb 8 – Feb 22	Mar 15 – Mar 29	—	Jul 26 – Aug 16
Cauliflower	Feb 8 – Feb 22	Mar 22 – Apr 5	—	Jul 26 – Aug 16
Okra	Feb 22 – Mar 8	Apr 26 – May 10	Apr 26 – May 10	—
Basil	Feb 22 – Mar 8	Apr 12 – Apr 26	—	—
Peas	—	—	Feb 22 – Mar 15	Aug 9 – Aug 30
Spinach	—	—	Feb 22 – Mar 15	Sep 6 – Sep 27
Radishes	—	—	Mar 1 – Apr 12	Sep 20 – Oct 11
Cucumbers	Mar 8 – Mar 15	Apr 19 – Apr 26	Apr 12 – Apr 26	Aug 16 – Aug 30
Zucchini & Summer Squash	Mar 8 – Mar 15	—	Apr 12 – Apr 26	Aug 23 – Sep 6
Winter Squash & Pumpkins	Mar 8 – Mar 15	—	Apr 12 – Apr 26	—
Melons & Watermelon	Mar 8 – Mar 15	Apr 19 – May 3	—	—
Carrots	—	—	Mar 15 – Apr 12	Aug 9 – Aug 23
Beets	—	—	Mar 15 – Apr 12	Aug 23 – Sep 6
Potatoes	—	—	Mar 15 – Apr 5	—
Swiss Chard	—	—	Mar 22 – Apr 19	Aug 23 – Sep 6
Cilantro	—	—	Mar 22 – Apr 12	Sep 6 – Sep 27
Green Beans	—	—	Apr 12 – May 3	Aug 16 – Aug 30
Sweet Corn	—	—	Apr 12 – Apr 26	—
Sweet Potatoes	—	Apr 19 – May 10	—	—
Garlic	—	—	—	Oct 18 – Nov 22

Wait until after Apr 19 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.