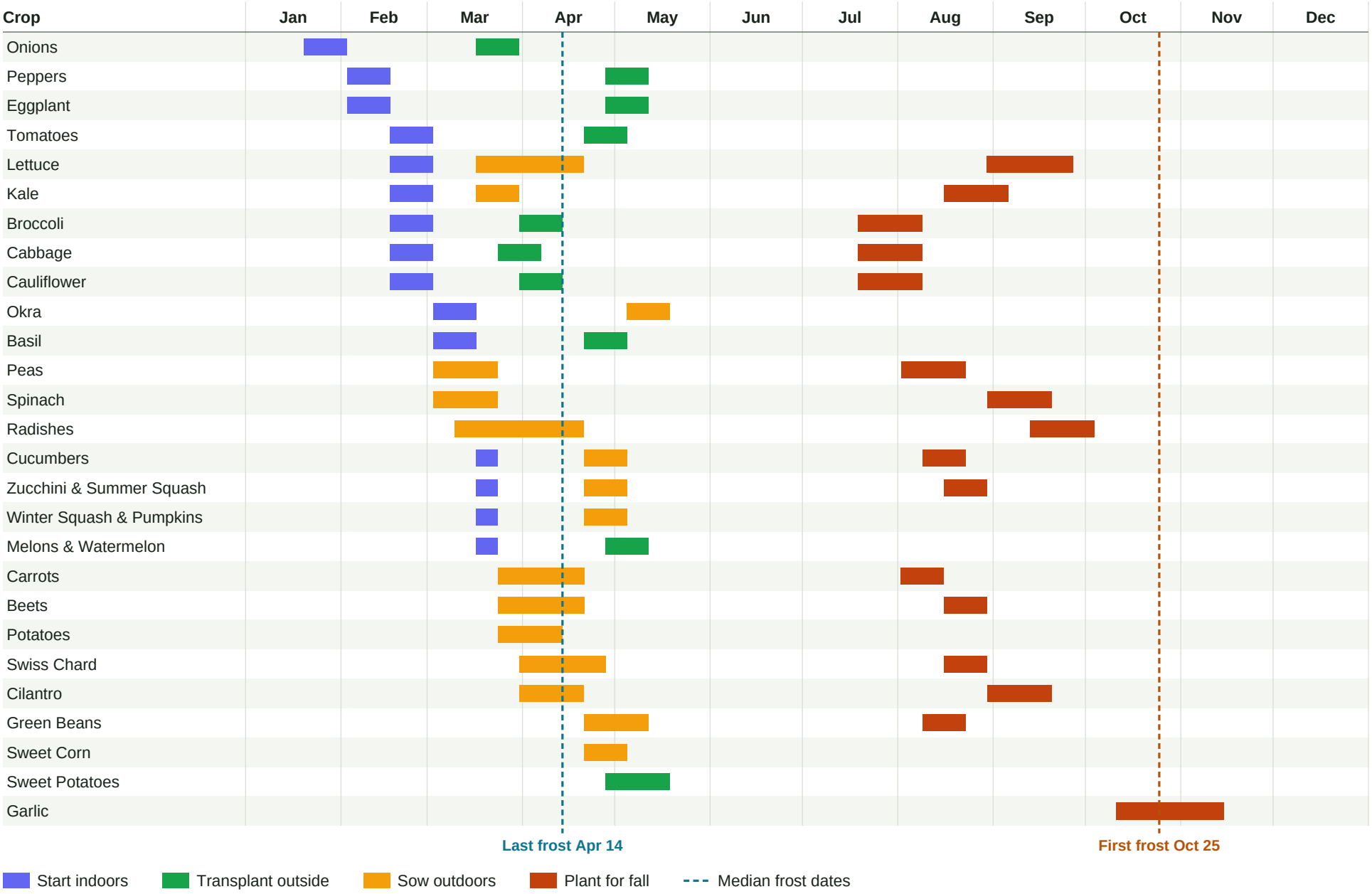
Cookeville, TN planting calendar

Median last frost Apr 14 (10% chance of frost after Apr 30) · Median first frost Oct 25 · 194-day growing season · Zone 7a



Cookeville, TN planting dates

Median last frost Apr 14 (10% chance of frost after Apr 30) · Median first frost Oct 25 · 194-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 20 – Feb 3	Mar 17 – Mar 31	—	—
Peppers	Feb 3 – Feb 17	Apr 28 – May 12	—	—
Eggplant	Feb 3 – Feb 17	Apr 28 – May 12	—	—
Tomatoes	Feb 17 – Mar 3	Apr 21 – May 5	—	—
Lettuce	Feb 17 – Mar 3	Mar 24 – Apr 7	Mar 17 – Apr 21	Aug 30 – Sep 27
Kale	Feb 17 – Mar 3	Mar 17 – Mar 31	Mar 17 – Mar 31	Aug 16 – Sep 6
Broccoli	Feb 17 – Mar 3	Mar 31 – Apr 14	—	Jul 19 – Aug 9
Cabbage	Feb 17 – Mar 3	Mar 24 – Apr 7	—	Jul 19 – Aug 9
Cauliflower	Feb 17 – Mar 3	Mar 31 – Apr 14	—	Jul 19 – Aug 9
Okra	Mar 3 – Mar 17	May 5 – May 19	May 5 – May 19	—
Basil	Mar 3 – Mar 17	Apr 21 – May 5	—	—
Peas	—	—	Mar 3 – Mar 24	Aug 2 – Aug 23
Spinach	—	—	Mar 3 – Mar 24	Aug 30 – Sep 20
Radishes	—	—	Mar 10 – Apr 21	Sep 13 – Oct 4
Cucumbers	Mar 17 – Mar 24	Apr 28 – May 5	Apr 21 – May 5	Aug 9 – Aug 23
Zucchini & Summer Squash	Mar 17 – Mar 24	—	Apr 21 – May 5	Aug 16 – Aug 30
Winter Squash & Pumpkins	Mar 17 – Mar 24	—	Apr 21 – May 5	—
Melons & Watermelon	Mar 17 – Mar 24	Apr 28 – May 12	—	—
Carrots	—	—	Mar 24 – Apr 21	Aug 2 – Aug 16
Beets	—	—	Mar 24 – Apr 21	Aug 16 – Aug 30
Potatoes	—	—	Mar 24 – Apr 14	—
Swiss Chard	—	—	Mar 31 – Apr 28	Aug 16 – Aug 30
Cilantro	—	—	Mar 31 – Apr 21	Aug 30 – Sep 20
Green Beans	—	—	Apr 21 – May 12	Aug 9 – Aug 23
Sweet Corn	—	—	Apr 21 – May 5	—
Sweet Potatoes	—	Apr 28 – May 19	—	—
Garlic	—	—	—	Oct 11 – Nov 15

Wait until after Apr 30 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.