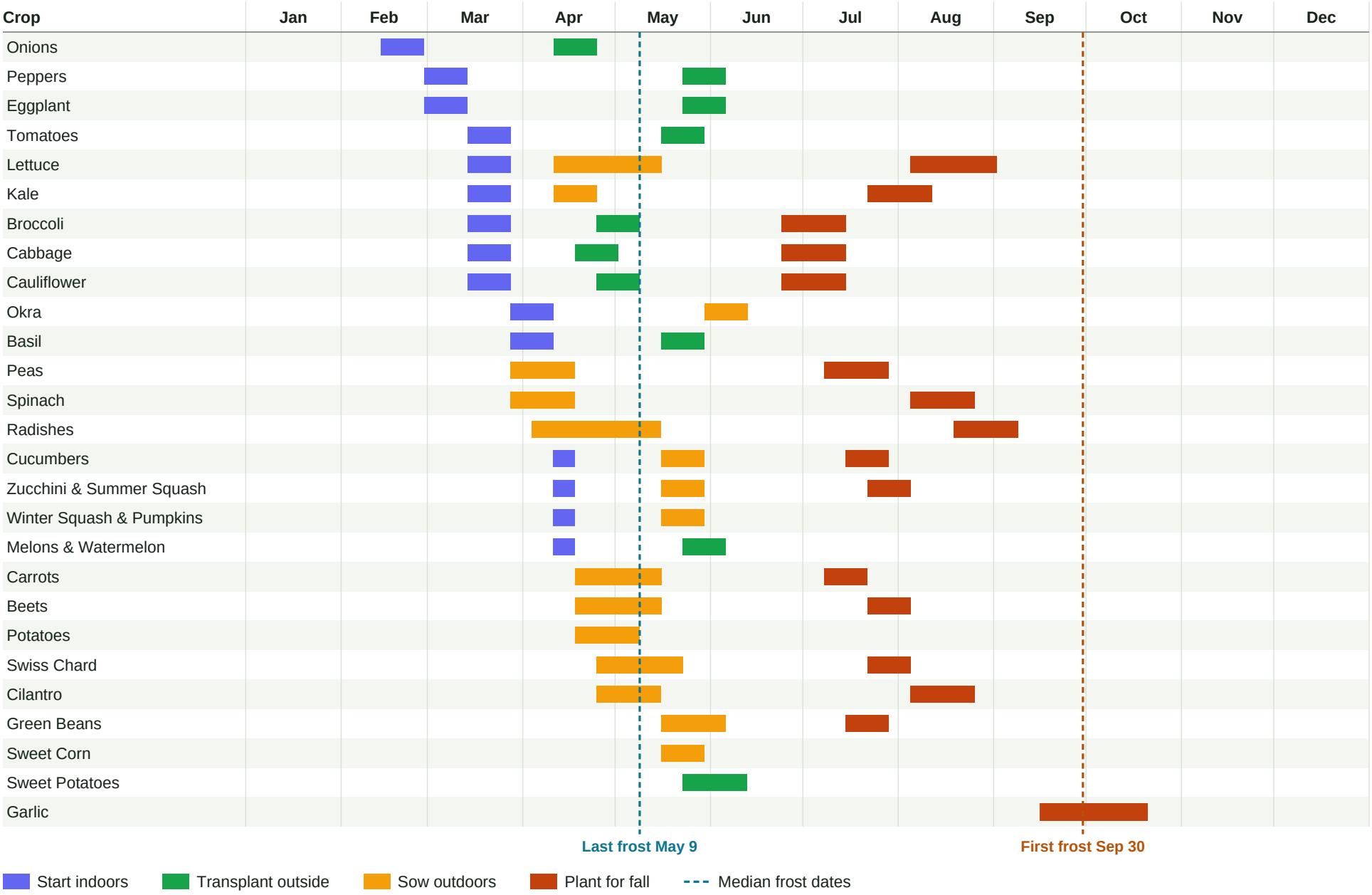
Helena, MT planting calendar

Median last frost May 9 (10% chance of frost after May 25) · Median first frost Sep 30 · 144-day growing season · Zone 4b



Helena, MT planting dates

Median last frost May 9 (10% chance of frost after May 25) · Median first frost Sep 30 · 144-day growing season · Zone 4b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 14 – Feb 28	Apr 11 – Apr 25	—	—
Peppers	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Eggplant	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Tomatoes	Mar 14 – Mar 28	May 16 – May 30	—	—
Lettuce	Mar 14 – Mar 28	Apr 18 – May 2	Apr 11 – May 16	Aug 5 – Sep 2
Kale	Mar 14 – Mar 28	Apr 11 – Apr 25	Apr 11 – Apr 25	Jul 22 – Aug 12
Broccoli	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 24 – Jul 15
Cabbage	Mar 14 – Mar 28	Apr 18 – May 2	—	Jun 24 – Jul 15
Cauliflower	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 24 – Jul 15
Okra	Mar 28 – Apr 11	May 30 – Jun 13	May 30 – Jun 13	—
Basil	Mar 28 – Apr 11	May 16 – May 30	—	—
Peas	—	—	Mar 28 – Apr 18	Jul 8 – Jul 29
Spinach	—	—	Mar 28 – Apr 18	Aug 5 – Aug 26
Radishes	—	—	Apr 4 – May 16	Aug 19 – Sep 9
Cucumbers	Apr 11 – Apr 18	May 23 – May 30	May 16 – May 30	Jul 15 – Jul 29
Zucchini & Summer Squash	Apr 11 – Apr 18	—	May 16 – May 30	Jul 22 – Aug 5
Winter Squash & Pumpkins	Apr 11 – Apr 18	—	May 16 – May 30	—
Melons & Watermelon	Apr 11 – Apr 18	May 23 – Jun 6	—	—
Carrots	—	—	Apr 18 – May 16	Jul 8 – Jul 22
Beets	—	—	Apr 18 – May 16	Jul 22 – Aug 5
Potatoes	—	—	Apr 18 – May 9	—
Swiss Chard	—	—	Apr 25 – May 23	Jul 22 – Aug 5
Cilantro	—	—	Apr 25 – May 16	Aug 5 – Aug 26
Green Beans	—	—	May 16 – Jun 6	Jul 15 – Jul 29
Sweet Corn	—	—	May 16 – May 30	—
Sweet Potatoes	—	May 23 – Jun 13	—	—
Garlic	—	—	—	Sep 16 – Oct 21

Wait until after May 25 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.