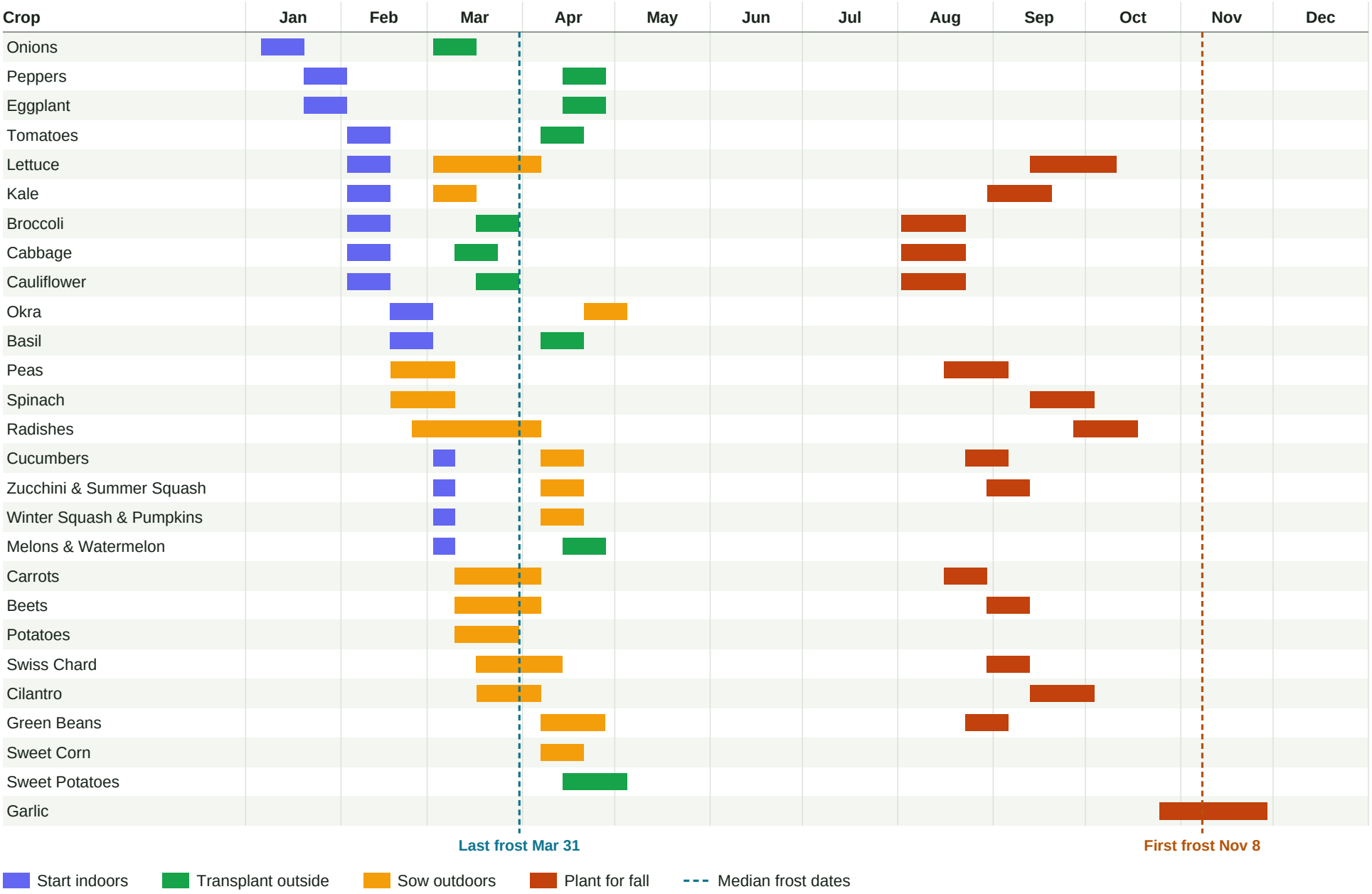
Salt Lake City, UT planting calendar

Median last frost Mar 31 (10% chance of frost after Apr 19) · Median first frost Nov 8 · 222-day growing season · Zone 7b



whenisthelastfrost.com/zip/84104/ · Frost dates: NOAA 1991–2020 climate normals. These are 30-year averages, not forecasts: check the forecast before planting.

Salt Lake City, UT planting dates

Median last frost Mar 31 (10% chance of frost after Apr 19) · Median first frost Nov 8 · 222-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 6 – Jan 20	Mar 3 – Mar 17	—	—
Peppers	Jan 20 – Feb 3	Apr 14 – Apr 28	—	—
Eggplant	Jan 20 – Feb 3	Apr 14 – Apr 28	—	—
Tomatoes	Feb 3 – Feb 17	Apr 7 – Apr 21	—	—
Lettuce	Feb 3 – Feb 17	Mar 10 – Mar 24	Mar 3 – Apr 7	Sep 13 – Oct 11
Kale	Feb 3 – Feb 17	Mar 3 – Mar 17	Mar 3 – Mar 17	Aug 30 – Sep 20
Broccoli	Feb 3 – Feb 17	Mar 17 – Mar 31	—	Aug 2 – Aug 23
Cabbage	Feb 3 – Feb 17	Mar 10 – Mar 24	—	Aug 2 – Aug 23
Cauliflower	Feb 3 – Feb 17	Mar 17 – Mar 31	—	Aug 2 – Aug 23
Okra	Feb 17 – Mar 3	Apr 21 – May 5	Apr 21 – May 5	—
Basil	Feb 17 – Mar 3	Apr 7 – Apr 21	—	—
Peas	—	—	Feb 17 – Mar 10	Aug 16 – Sep 6
Spinach	—	—	Feb 17 – Mar 10	Sep 13 – Oct 4
Radishes	—	—	Feb 24 – Apr 7	Sep 27 – Oct 18
Cucumbers	Mar 3 – Mar 10	Apr 14 – Apr 21	Apr 7 – Apr 21	Aug 23 – Sep 6
Zucchini & Summer Squash	Mar 3 – Mar 10	—	Apr 7 – Apr 21	Aug 30 – Sep 13
Winter Squash & Pumpkins	Mar 3 – Mar 10	—	Apr 7 – Apr 21	—
Melons & Watermelon	Mar 3 – Mar 10	Apr 14 – Apr 28	—	—
Carrots	—	—	Mar 10 – Apr 7	Aug 16 – Aug 30
Beets	—	—	Mar 10 – Apr 7	Aug 30 – Sep 13
Potatoes	—	—	Mar 10 – Mar 31	—
Swiss Chard	—	—	Mar 17 – Apr 14	Aug 30 – Sep 13
Cilantro	—	—	Mar 17 – Apr 7	Sep 13 – Oct 4
Green Beans	—	—	Apr 7 – Apr 28	Aug 23 – Sep 6
Sweet Corn	—	—	Apr 7 – Apr 21	—
Sweet Potatoes	—	Apr 14 – May 5	—	—
Garlic	—	—	—	Oct 25 – Nov 29

Wait until after Apr 19 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.