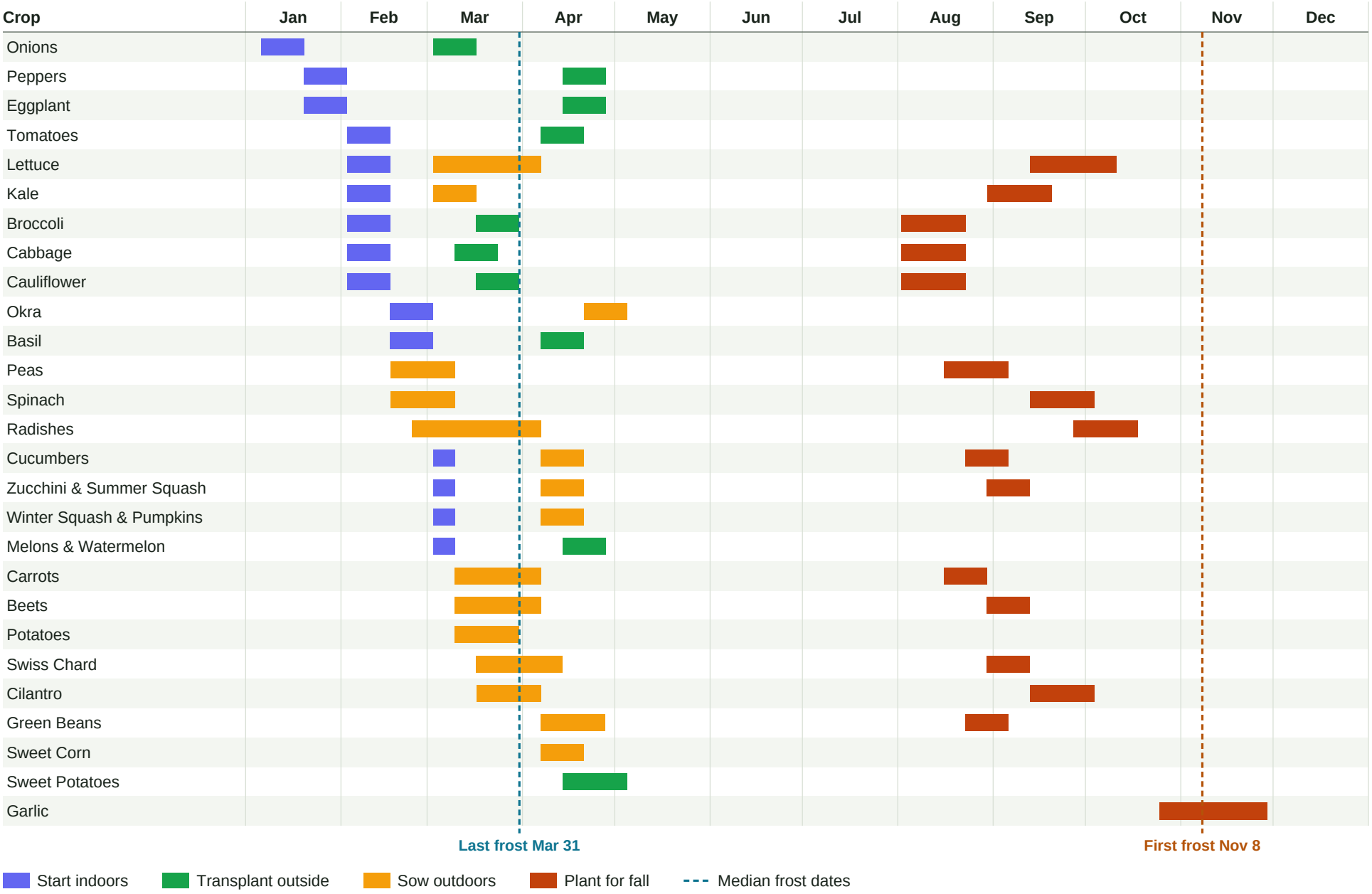
# Salt Lake City, UT planting calendar

Median last frost Mar 31 (10% chance of frost after Apr 19) · Median first frost Nov 8 · 222-day growing season · Zone 7b




whenisthelastfrost.com/zip/84152/ · Frost dates: NOAA 1991–2020 climate normals. These are 30-year averages, not forecasts: check the forecast before planting.

# Salt Lake City, UT planting dates

Median last frost Mar 31 (10% chance of frost after Apr 19) · Median first frost Nov 8 · 222-day growing season · Zone 7b

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Jan 6 – Jan 20 | Mar 3 – Mar 17 | — | — |
| Peppers | Jan 20 – Feb 3 | Apr 14 – Apr 28 | — | — |
| Eggplant | Jan 20 – Feb 3 | Apr 14 – Apr 28 | — | — |
| Tomatoes | Feb 3 – Feb 17 | Apr 7 – Apr 21 | — | — |
| Lettuce | Feb 3 – Feb 17 | Mar 10 – Mar 24 | Mar 3 – Apr 7 | Sep 13 – Oct 11 |
| Kale | Feb 3 – Feb 17 | Mar 3 – Mar 17 | Mar 3 – Mar 17 | Aug 30 – Sep 20 |
| Broccoli | Feb 3 – Feb 17 | Mar 17 – Mar 31 | — | Aug 2 – Aug 23 |
| Cabbage | Feb 3 – Feb 17 | Mar 10 – Mar 24 | — | Aug 2 – Aug 23 |
| Cauliflower | Feb 3 – Feb 17 | Mar 17 – Mar 31 | — | Aug 2 – Aug 23 |
| Okra | Feb 17 – Mar 3 | Apr 21 – May 5 | Apr 21 – May 5 | — |
| Basil | Feb 17 – Mar 3 | Apr 7 – Apr 21 | — | — |
| Peas | — | — | Feb 17 – Mar 10 | Aug 16 – Sep 6 |
| Spinach | — | — | Feb 17 – Mar 10 | Sep 13 – Oct 4 |
| Radishes | — | — | Feb 24 – Apr 7 | Sep 27 – Oct 18 |
| Cucumbers | Mar 3 – Mar 10 | Apr 14 – Apr 21 | Apr 7 – Apr 21 | Aug 23 – Sep 6 |
| Zucchini & Summer Squash | Mar 3 – Mar 10 | — | Apr 7 – Apr 21 | Aug 30 – Sep 13 |
| Winter Squash & Pumpkins | Mar 3 – Mar 10 | — | Apr 7 – Apr 21 | — |
| Melons & Watermelon | Mar 3 – Mar 10 | Apr 14 – Apr 28 | — | — |
| Carrots | — | — | Mar 10 – Apr 7 | Aug 16 – Aug 30 |
| Beets | — | — | Mar 10 – Apr 7 | Aug 30 – Sep 13 |
| Potatoes | — | — | Mar 10 – Mar 31 | — |
| Swiss Chard | — | — | Mar 17 – Apr 14 | Aug 30 – Sep 13 |
| Cilantro | — | — | Mar 17 – Apr 7 | Sep 13 – Oct 4 |
| Green Beans | — | — | Apr 7 – Apr 28 | Aug 23 – Sep 6 |
| Sweet Corn | — | — | Apr 7 – Apr 21 | — |
| Sweet Potatoes | — | Apr 14 – May 5 | — | — |
| Garlic | — | — | — | Oct 25 – Nov 29 |

Wait until after Apr 19 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.