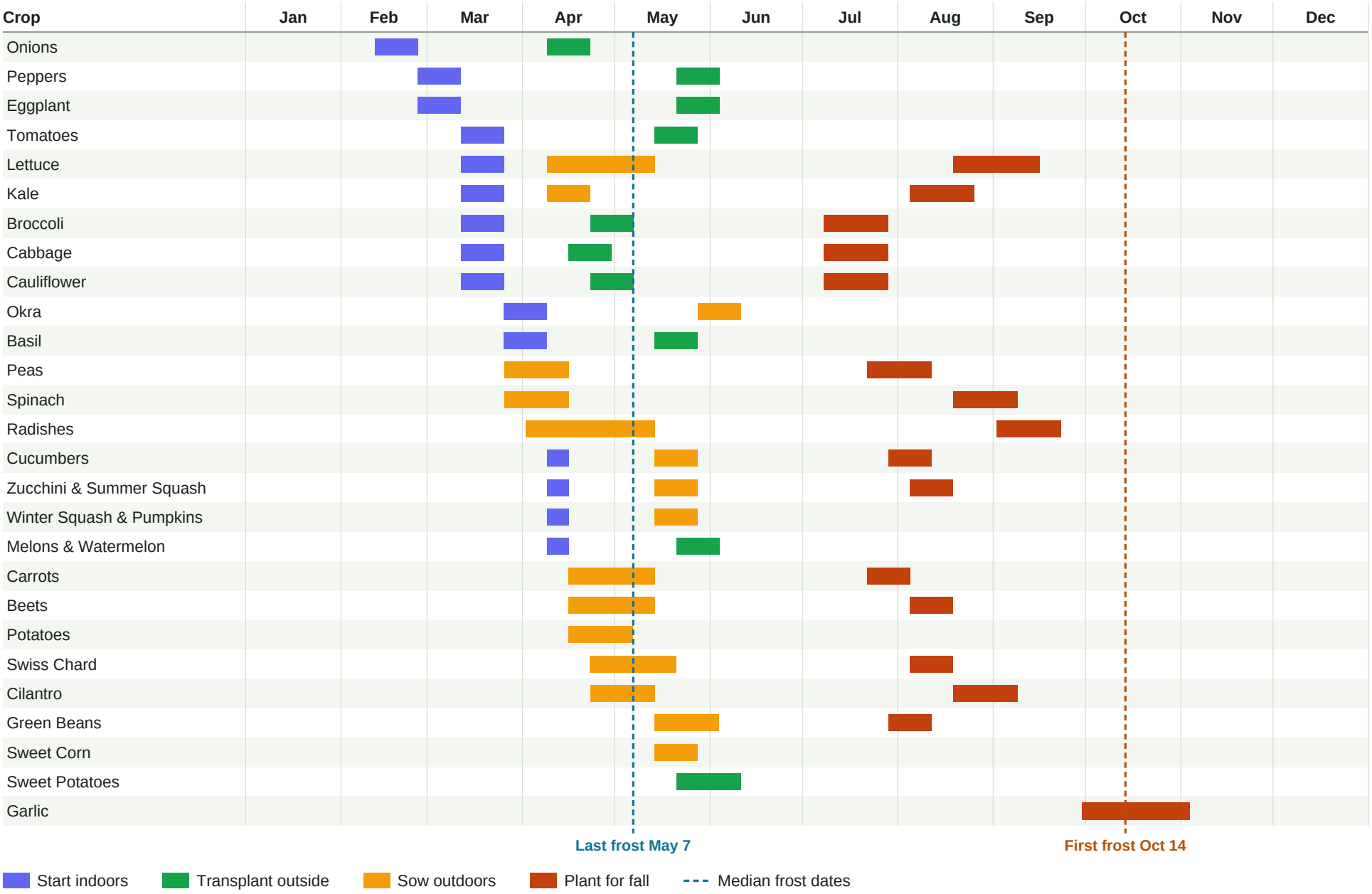
Salt Lake City, UT planting calendar

Median last frost May 7 (10% chance of frost after May 27) · Median first frost Oct 14 · 160-day growing season · Zone 7a



Salt Lake City, UT planting dates

Median last frost May 7 (10% chance of frost after May 27) · Median first frost Oct 14 · 160-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 12 – Feb 26	Apr 9 – Apr 23	—	—
Peppers	Feb 26 – Mar 12	May 21 – Jun 4	—	—
Eggplant	Feb 26 – Mar 12	May 21 – Jun 4	—	—
Tomatoes	Mar 12 – Mar 26	May 14 – May 28	—	—
Lettuce	Mar 12 – Mar 26	Apr 16 – Apr 30	Apr 9 – May 14	Aug 19 – Sep 16
Kale	Mar 12 – Mar 26	Apr 9 – Apr 23	Apr 9 – Apr 23	Aug 5 – Aug 26
Broccoli	Mar 12 – Mar 26	Apr 23 – May 7	—	Jul 8 – Jul 29
Cabbage	Mar 12 – Mar 26	Apr 16 – Apr 30	—	Jul 8 – Jul 29
Cauliflower	Mar 12 – Mar 26	Apr 23 – May 7	—	Jul 8 – Jul 29
Okra	Mar 26 – Apr 9	May 28 – Jun 11	May 28 – Jun 11	—
Basil	Mar 26 – Apr 9	May 14 – May 28	—	—
Peas	—	—	Mar 26 – Apr 16	Jul 22 – Aug 12
Spinach	—	—	Mar 26 – Apr 16	Aug 19 – Sep 9
Radishes	—	—	Apr 2 – May 14	Sep 2 – Sep 23
Cucumbers	Apr 9 – Apr 16	May 21 – May 28	May 14 – May 28	Jul 29 – Aug 12
Zucchini & Summer Squash	Apr 9 – Apr 16	—	May 14 – May 28	Aug 5 – Aug 19
Winter Squash & Pumpkins	Apr 9 – Apr 16	—	May 14 – May 28	—
Melons & Watermelon	Apr 9 – Apr 16	May 21 – Jun 4	—	—
Carrots	—	—	Apr 16 – May 14	Jul 22 – Aug 5
Beets	—	—	Apr 16 – May 14	Aug 5 – Aug 19
Potatoes	—	—	Apr 16 – May 7	—
Swiss Chard	—	—	Apr 23 – May 21	Aug 5 – Aug 19
Cilantro	—	—	Apr 23 – May 14	Aug 19 – Sep 9
Green Beans	—	—	May 14 – Jun 4	Jul 29 – Aug 12
Sweet Corn	—	—	May 14 – May 28	—
Sweet Potatoes	—	May 21 – Jun 11	—	—
Garlic	—	—	—	Sep 30 – Nov 4

Wait until after May 27 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.